

Cafeteria Menu- VIC Catering Week 36



		MONDAY 4 September 2023	TUESDAY 5 September 2023	WEDNESDAY 6 September 2023	THURSDAY 7 September 2023	FRIDAY 8 September 2023
CLEAR SOUP	€ 1.40	Clear Beef Bouillon with Tyrolean "Speckknödel"				
CREAM SOUP	€ 1.40	Vegan Creamy Carrot Soup with White Beans and Zaatar	Vegan Gluten-free Lentil- Tumeric Soup with Lemon	Vegan Gluten- free Spicy Thai Pumpkin Soup	Vegan Gluten- free Spinach- White Bean Soup	Vegan Gluten- free Creamy Romanesco Soup with Walnut- Mint Pesto
VEGETARIAN Vegetarian + Soup € 5.00	€ 4.20	Vegan Gluten-free Potato- Pumpkin- Vegetable Pot with Bell Pepper Sauce	Vegan Gluten- free "Rajma" Indian Kidney Bean Curry served with Rice and grilled Zucchini	Vegan Tortilla Wrap with Pesto Beans, Pumpkin- Hummus and Italian Salad	Vegan Braised Pumpkin with Sumach, Lemon Cous Cous, Tomato Salsa and Tahina	Vegan Gluten- free Sweet Potato - Red Bean Chili with Quinoa and Spring Onion
GLOBAL I	€ 6.10	Gluten- free Halal Jamaican Jerk Chicken with Sauce Chien and Black Bean Rice	Halal Gluten- free Grilled Turkey Breast with Pumpkin Puree and green Beans	Gluten- free "Coq au vin" with Home fried Potatoes	Gluten- free "Ropa Vieja" Cuban Beef Ragout with Rice	Roasted Fillet of Hake with Ratatouille - Bulgur and fresh Rockets
GLOBAL II	€ 5.10	Veggie Gluten- free Zucchini- Ricotta Pie with Chive Cream and marinated Arugula	Veggie Grilled Spinach Patties with Parsley Potatoes and Tomato Dip	Veggie Gluten-free Oven-roasted Zucchini with Potato - Olive - Feta Filling and Tzatziki	Veggie "Manicotti Florentine" Gratinated Noodle - Leaf Spinach Souffle with creamy Tomato Sauce	Sweet Veggie Sweet Cheese Strudel with Vanilla Sauce
PASTA CORNER	€ 7.00 - € 7.50	CREATE YOUR OWN PLATE FROM THE FOLLOWING ITEMS: Veggie Ravioli with Goat Cheese- Spinach- filling Vegan Strozzapretti or Vegan Sun dried Tomato - Gnocchi served with Veggie Creamy Pumpkin Ragout or Vegan Arugula- Pine Seeds Pesto				
TEPPANYAKI WOK CORNER	€ 6.30 - € 7.50	Thai Red Fish Curry - Mixed Vegetables "Phat Pak Ruam Mit"	Chinese Beef Stew with Potatoes - Tofu with Bean Sprouts	Grilled Fillet of Salmon- trout with Porcini- Gnocchi oven roasted Pumpkin and creamy Parmesan Sauce € 10.50	"Khao Moo Daeng" Crispy Thai Pork Belly - Mixed Vegetables "Phat Pak Ruam Mit"	Pork "Cevapcici" with Djuvec Rice and Cole Slaw € 7.50
SPECIAL CORNER		Pork Bread-fried Escalope of Pork , served with Risi Pisi and and Potato Salad € 8.90	Salmon Bowl with fresh Vegetables, Rice and spicy Peanut Sauce € 9.90	Grilled Minced Beef Meat Pattie with Potato- Purée and crispy Onion Rings € 7.50	Momen Food Halal Hummus Bowl with Chicken Shawarma and Falafel € 8.90	Halal Turkish Chicken Kebap served with Rice or French Fries, Tomato Cucumber Salad, Red and White Cabbages € 7.90
PIZZA	€ 7.00 - € 7.50	Pizza "Capricciosa " with Turkey Ham, Mushrooms, Artichokes and Olives	Flammkuchen with Bacon or Zucchini	Pizza with Salsiccia, Bell Pepper and Ricotta	Pide with Beef or Vegetables	Halal Flat Bread with Grilled Chicken Cesar´ s Salad
GRILL CORNER	€ 6.90 - € 10	FRESH FROM THE GRILL: Various Burgers, Turkey Medallion, Minute Steak,				
SALAD CORNER	€ 7.50 € 11.00	MIX YOUR OWN SALAD- PREMIUM € 11 NORMAL € 9.90 PLAIN € 7.50				
SUSHI CORNER	€ 6.60 - € 13.50	VARIATION OF FRESH SUSHI, MAKI AND SASHIMI				



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FRISCH